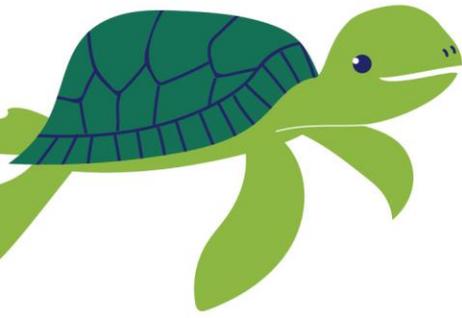


## Activity (c) - True or false?

1. Breaststroke is the fastest stroke. True / false
2. Front crawl is the slowest stroke. True / false
3. In backstroke the legs kick up and down. True / false
4. In butterfly the legs kick outwards and backwards. True / false
5. In breaststroke the feet turn out. True / false
6. In front crawl the toes should be pointed. True / false
7. In backstroke the face is in the water. True / false
8. In butterfly you normally breathe to the front. True / false
9. It is better to shower before entering the swimming pool. True / false
10. It is OK to swim if you have an open sore. True / false
11. Swimming can help keep you fit. True / false
12. Being fit is good for your health. True / false





13. Swimming is good for your health True / false
14. It is safe to swim in the sea if a red flag is flying True / false
15. If you go sailing you should wear a lifejacket. True / false
16. It is better to swim in water that is very cold. True / false
17. It is dangerous to swim alone. True / false
18. It is possible to drown in a bucket of water. True / false
19. If you are swimming in the sea, it is better to swim in line with the shore. True / false
20. It is always better to swim with a friend. True / false

