



APPROVED COVID SAFETY PLAN IN PLACE TO PROTECT YOU AND US

The safety of staff and users is the primary objective of the YMCA. This will be carried out through a combined and consistent range of measures in line with Government regulations and our own strategy to protect our staff and users.

We are committed to making this facility a safe place to work and use. We require your commitment to each other as staff and facility users - we are all in this together.

THE SIX KEY MEASURES WE HAVE COMMITTED TO AT MINIMUM ARE: 1 Avert the number of infected people visiting the facility - both staff and users 2 Prevent people 'carrying' the infection into or around the facility e.g. on hands 3 Limit the number of people within the facility - reducing the risk of transmission 4 Social distancing - to reduce the risk of viral transmission through the air 5 Reduce the risk of viral transmission from surfaces and equipment 6 Reduce the risk of transmission to vulnerable or high-risk staff and users

Guidance on actions being undertaken at this facility to meet and achieve these six key measures.

At all times, we will follow the national and local authority instructions and regulations. We have a moral and legal obligation to consider and carry out a wider range of actions to reduce the risks of transmission in our facilities, to make them a safe place to work and a safe place to use.



Avert the number of infected people visiting the facility - both staff and users

Reinforce the PHE message of Stay at Home if you, or anyone in your household have been advised to self-isolate or have COVID-19 symptoms.

No admission of staff or users who show possible symptoms (high temperature, new continuous cough, a loss of taste or smell) or live with someone who has.

Commitment from staff and users that they are fit and well to enter the facility.

Those sent home will be encouraged to follow Government regulations.



Prevent people 'carrying' the infection into or around the facility e.g. on hands

Require the use of hand washing and/or hand sanitisation at point of entry.

Provide hand washing and/or hand sanitisation throughout the facility.

Display signage to encourage people (staff and users to wash/sanitise their hands regular whist in the facility.

PHE state to wash your hands more often than usual - for at least 20 seconds.



Limit the number of people within the facility - reducing the risk of transmission

Limit total attendees and those within a given space - e.g. classes, training rooms, studios, community spaces and gym floor, to a minimum number.









Social distancing - to reduce the risk of viral transmission

Ensure physical separation at the point of entry into the facility to maintain social distancing.

Ensure physical separation of equipment and change layouts to keep people in adherence with social distancing regulations.

Manage 'pinch-points' effectively e.g. internal doorways, stairs or corridors.

Where required put areas out of use to enforce physical separation in accordance with social distancing e.g. changing rooms, toilets and showers where necessary.

PHE state to cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.



Reduce the risk of viral transmission from surfaces and equipment

Ensure rigorous cleaning and disinfection regimes throughout the facility.

Ensure regular cleaning of high-contact touch points throughout the facility during opening.

Provide access (for staff and users) to sprays and sanitisers.

Enforce equipment wipe-down pre and post workout (and during where required) this is in addition to the cleaning schedule.



Reduce the risk of transmission to vulnerable or high-risk staff/users

Ensure we are working in accordance with the Government's regulations and advice for both staff and users who fall within the clinically vulnerable people group, identified at –

https://www.gov.uk/government/publ ications/staying-alert-and-safe-social distancing/staying-alert-and-safe-soci al-distancing#clinically-vulnerable-pe ople

Operators to maintain a commitment to the Equality Act 2010 and legal obligations to ensure that the decisions made in response to Coronavirus (COVID-19) do not discriminate against customers or staff with protected characteristics.

If at any time you feel we are not upholding our commitment to these minimum measures please contact/visit: https://www.gov.uk/coronavirus



