



# POULTON HALF TERM SWIMMING TIMETABLE

FEBRUARY 2017

## Monday 13th Feb

6.30am—12noon	Public Swim*
9.00am-11.30am	Intensive Lessons
12noon-1.00pm	Adult Only
1.00pm—2.00pm	Public Swim
2.00pm—3.00pm	Family Float Session
3.00pm—4.00pm	Public Swim
6.00pm—7.30pm	Public Swim*
7.30pm—8.15pm	Aqua Aerobics
8.15pm—9.00pm	Adult Only

## Tuesday 14th Feb

6.30am—12noon	Public Swim*
9.00am—11.30am	Intensive Lessons
12noon—1.00pm	Adult Only
1.00pm—3.00pm	Drop and Spa
1.15pm—2.15pm	Fun Swim
2.30pm—4.00pm	Public Swim

## Wednesday 15th Feb

6.30am—12noon	Public Swim*
9.00am—11.30am	Intensive Lessons
12noon—1.00pm	Adult Only
1.00pm—2.00pm	Family Float Session
2.00pm—4.00pm	Public Swim*
6.00pm—8.00pm	Public Swim
8.00pm—9.00pm	Adult Only

## Thursday 16th Feb

6.30am—12noon	Public Swim*
9.00am—11.30am	Intensive Lessons
12noon—1.00pm	Adult Only
1.00pm—2.00pm	Public Swim
2.15pm—3.15pm	Fun Swim
2.00pm—4.00pm	Drop and Spa
6.00pm—7.00pm	Public Swim*
8.00pm—8.30pm	Swim Fit / Adult Lessons
8.30pm—9.15pm	Aqua Aerobics

## Friday 17th Feb

6.30am—12noon	Public Swim
9.00am—11.30am	Pre-School Lessons
12noon—1.00pm	Adult Only
1.00pm—2.30pm	Family Float Session
2.45pm—3.45pm	Swim Fit



## DROP AND SPA!

Let the kids enjoy some fun in the pool whilst you have some well deserved rest and relaxation in our Spa.

Non members: 1 adult & 1 child £22

Members: 1 adult & 1 child £19

Any additional adults charged at normal spa prices and children £5 per hour.