



Charity Fun Triathlon - Rural Splash YMCA



Race Application Form

Name:

Address

Post Code:

Mobile:

Email:

Date of Birth

Age on day of the event:

Emergency Contact Details

Name

Contact

Mobile:

Email:

Category

Please provide us below with your average swimming time. This is so we can determine your start time at the event.

A – Full Triathlon - 400m swim, 13 mile bike, 7 mile run

B – Beginner Triathlon – 200m swim, 13mile bike, 3.5mile run

C – Junior Triathlon U16 – To be completed in the pool and gym and as part of a team. 200m swim, 5km Bike, 1.6km treadmill or cross trainer

T1 – Adult team Full Triathlon

T2 – Adult team Beginner Triathlon

Price: Please tick the Category you require:

		Average Swim Time
A	£10	
B	£10	
C	£5 each	
T1	£5 each	
T2	£5 Each	



Team Name: _____



Charity Fun Triathlon - Rural Splash YMCA

Rural Splash YMCA, Kirkham are staging a Charity Fun Triathlon at Rural Splash YMCA to help raise money for Scarlett McCracken and her family to support the family costs of treatment in America. All monies raised from this event will go directly to the above cause.

Terms and Conditions for the event.

- 1 All entries for the 'Road' events must be aged 16years or older on the day of the event.
- 2 Cycle helmets must be worn by competitors at all times during the bike stage.
- 3 Fylde Coast YMCA will not be held responsible for any injury, personal or otherwise, sustained during this event.
- 4 Fylde Coast YMCA will not be held responsible for any damage to personal belongings during the event unless directly related.
- 5 Fylde Coast YMCA must stress that participants in the event should be physically fit enough to take part.
- 6 This event is strictly for charity and as such will not have chip timing, transition splits or bike racking. Overall times will be given at the end of the event
- 7 All road and traffic regulation must be adhered to at all time when on the bike course.



Supported by:



Medals supplied by:
Paul Knight