

3 Steps to lifestyle change... With Your FREE 1 Day Membership

Y:ACTIVE

Step 1

Print off this voucher or save to your mobile - you will be asked to show this to a reception team member on arrival at your chosen YMCA.

Step 2

Check out Y:Active timetables and centre opening times via www.ymcayactive.org

Step 3

Choose your activities, day and time that suits you and come along. If you wish to try a fitness class or play racquet sports pre-booking is essential so please contact your chosen centre via www.ymcayactive.org/contact

ONE DAY
MEMBERSHIP
WORTH
£15



In partnership with



Terms and Conditions: This voucher is only valid once.
One free day membership voucher per person in any 12 month period. To be used by over 16s only.